How to Clean the Kitchen - Weekly Tasks 1. Mop the floor after you sweep it. a. Fill the mop bucket with warm water and whatever cleaner is safe for your floor. b. Make sure to squeeze excess water out of the mop before mopping the floor. c. Mop the floor. Be sure to mop up any spills, sticky spots, etc. Be sure to mop the entire floor--including corners, under the table and chairs, etc. d. When mopping is done, pour out the mop water (Ask an adult where to pour it out.), rinse out the mop bucket, and put the mop and bucket away. (You may need to allow them to dry before storing them. Ask an adult about this.) 2. Clean the inside of the microwave. a. Use a clean, soapy cloth (squeeze out excess water) to wipe any spills or sticky places. b. If there are crumbs in the microwave, be sure to put them in the trash--not on the floor. c. If there is a turntable or removable glass tray in the microwave, remove it, wash it, dry it, and place it back inside the microwave. You will probably also need to clean the bottom of the microwave while the turntable or glass tray is out. 3. Wipe down the fronts of the cabinets, drawers, and fronts/sides of large appliances (such as the refrigerator). a. Use a clean, soapy cloth (squeeze out excess water) to wipe the front and any exposed sides of the cabinets, drawers, refrigerator, etc. b. Be sure to wipe away any fingerprints, sticky spots, etc. c. When you're finished, put the cloth in the laundry to be washed.